

JANE DOE
ABC CORP

DOB 10/10/1955
Gender Female

Vitals & HEENT

1 Exam date/time

2 Done By

3 Chief Complaint

4 Gen Appearance YOWDOWNWMINAD Age Race Sex Habitus Alert & Oriented in NO acute distress.

5 Temperature Degrees fahrenheit rectal oral axillary

6 Blood Pressure / sitting/standing supine

7 Pulse BPM

8 Respirations rythm, rate, depth

9 Weight lbs

10 Height Feet Inches

11 Head (-) Normocephalic Atraumatic, (-) scalp/hair, (-) asymetries, (-) CN-V & (-) CN-V11. (-) Bruits, (-) Malar Rash, (-) TMJ

12 Eyes PERLA, EOEM, (-) discs, (-) retinal vessels, (-) hemorrhages, (-) exudates, (-) lids, (-) conjunctiva, (-) sclera, (-) visual fields and acuity;

13 Ears (-) pinnae, (-) ext. auditory canal, (-) TM-light reflex-(-) mobile; (-) hearing assessment, (-) Rhinnes' test, (-) Weber's test;

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14 (-) mucosa, (-) septum, (-) polyps, (-) turbinates;

15 (-) lips, (-) buccal mucosa, (-) palate, (-) tongue, (-) gingival, (-) dentures, (-) posterior pharynx,
(-) tonsils, (-) gag reflex, (-) pooled secretions

16 (-) Trachea, (-) larynx, (-) CN XI, (-) TMJ, (-) Thyroid, (-) goiter, (-) nodules, (-) mass, (-)
tenderness, (-) bruits (-) Carotids, (-) contour bruit, (-) JVP, (-) JVD, (-) ROM, (-) crepitus

NOTES FOR: Vitals & HEENT

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Lower Body

- 17 **Date of Exam**
- 18 **Lymph Nodes** (-) Submental, (-) submandibular, (-) auricular, (-) occipital, (-) cervical, (-) supraclavicular, (-) Neck, (-) axillary, (-) inguinal, (-) epitrochlear
- 19 **Breast** (-) size, (-) shape, (-) protusions, (-) retractions, (-) ulcers, (-) edema, (-) consistency, (-) deliniation, (-) axillary nodes, (-) symmetry, (-) skin changes, (-) retraction, dimpling, nipple-aerola, nipple discharge, masses, tenderness, erythema
- 20 **Resp/Thorax** shape, movements, rythm, tachypneal, expansion, retractions, (ICS), accessory muscles, PALP Compression pain, tactile, fremitus, lymph nodes (axillary supra & infra; PERC Sound Qualities ; AUSC Breath sounds, , crackles, etc
- 21 **Cardiac** PMI, (-) gallop, (-) rubs, (-) thrills, Regular Rate & Rythm, S1 , S2 , gallops (S3 S4), murmurs (grade 1-6) pulses (graded 2+)
- 22 **Extremities** CCE, Skin color, edema, varicose veins. peripheral pulses (radial femoral posterior tibial dorsalis pedis
- 23 **Abdomen** appearance, scars, distension, b/s (+ / - absent / tympany), bruits, soft, tender /guarding / rebound / rigidity / referred, (HSM, liver, spleen), ascites / fluid waves, aorta, umbilicus, masses, kidneys, CVAT, hernias, bladder
- 24 **GU Male** escutcheon, penis, scrotum, testicles, varicocele, hydrocele, hernia (ing., or fem.) perineum;
- 25 **GU Female** escutcheon, ext. genitalia, Skene's and Bartholin's glands, urethra, bladder, speculum (cervix [appearance, friable, lesions, D/C]) bimanual (CMT, uterus [size, position, mobility, contour, tender], adnexa [size, mass, nodules, tender], rectovaginal
- 26 **Rectal** external lesions, hemorrhoids, fissures, sphincter tone and tenderness, masses, stricture, fistulas, prostate (nodules), stool (soft, impacted, color, gross / occult blood, melena)
- 27 **Vascular/pulse** arterial pulse / bruits (carotid, radial, ulnar, brachial, aorta- ?palp abd. Mass, femoral, popliteal, post. Tibial, dorsalis pedis)- varicose veins, venous insuff (edema, stasis ulcers, pigmentation).
- 28 **Joints** ROM - pain, swelling, effusion, crepittance, contractures, dislocation, laxity, stability;
- 29 **Muscles** strength, atrophy, swelling, tenderness, tone, fasciculations, cog wheel, spasticity;

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30 ROM, asymmetry, tenderness, misalignment;

31 contour (kyphosis, scoliosis), tenderness, swelling

32 clubbing, cyanosis, edema, color, pigmentation, turgor, texture, temp., lesions, nails, hair, varicosities, ulcers, cap. Refill, petechiae, purpura, SQ nodules, cellulitis

NOTES FOR: Lower Body

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Neurological

33 Date of Exam

34 Alertness level of consciousness (alert, lethargic, stupor, coma), attention and concentration, mood and affect (?appropriate, anxious, depressed, atitaded...), thought content

35 Orientation name, place of location, date, time

36 memory immediate recall (7 numbers), 3 objects at 1 and 5 minutes, past and recent events;

37 Calculation subtract serial sevens from 100

38 General Info. current events, presidents, personalities (entertainment, sports, authors, political), capital cities;

39 Abstract Con "a rolling stone gthers no moss..."

40 Speech aphasia (expressive / receptive), dysarthria, dysphonia, language

41 Cort Integ agnosia, apraxia

42 Cranial Nerves See Ctrl/shift R

43 Motor (upper-lower motor neurons):muscle groups / strength (?loss of strength), tone, atrophy, fasciculation, clonus, gait, Romberg, involuntary mvmt (tremor, rigid, tic, chorea, athetosis, astenxis, ataxia), hemiparesis;

44 Coordination (finger-nose, heel-shin, pronation-supination, rapid alternating movements - finger / heel)

45 Sensory pain, (sharp - dull), temp, fine touch, joint position & motion, vibration, two-point discrim, stereognosis, graphesthesia, proprioception, paresthesias

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46 DTR's, biceps, triceps, brachloradialis, quadriceps,gastrocnemius, cremasteric and abdominal;
Babinski (plantar) and Chaddock, clonus

47

48

NOTES FOR: Neurological

<u>DateCreated</u>	<u>DateModified</u>	<u>Seq</u>
12/2/2008	12/2/2008	3